



# **JEWISH CENTER BULLETIN**

Vol. 86, No. 2

9 Tishrei 5786

October 1, 2025

# VICE PRESIDENT'S MESSAGE

Early during the daily morning minyan, just after the tefillin are wrapped on the arm and placed on the head, there is a very interesting and appropriate prayer listed under the heading, "We are grateful for the gift of our body." The prayer praises Hashem, who fashioned the human body with openings, arteries, glands and organs marvelous in structure and intricate in design. It goes on to say that should but one of them, by being blocked or opened fail to function, it would be impossible to exist. It finishes by praising Hashem for sustaining our bodies in wondrous ways.

On the night of July 10th, I experienced just such a failure that required emergency surgery.

I was grateful during my time in the hospital to be visited by Rabbi Kogan and my good friend Harold, and to be told by my wife about many of my friends at Hillcrest who asked about my well-being and sent good wishes. Upon my return home, I found that I had been gifted with some funds with which to buy food, along with a greeting card signed by those who contributed to the gift.

When I returned to shul that Shabbat, Jeffrey Rosenberg was quick to assign me an Aliyah and assisted me, along with Marc Solkoff, in reciting the Birkat HaGomel as thanks for my recovery from adversity.

This is not a plea for sympathy, but rather an illustration of how wonderfully our congregation responds when one of our own faces some sort of misfortune.

Since we have just begun a new year, I want to wish all of you, my friends and fellow congregants, the sweetest, happiest and healthiest year possible, as well as a wish for peace in Israel and beyond.

Alan Reisner, Vice President

Service Schedule continues on page 3
Youth Services listed on page 5

7 Hamer 5700	0001 1, 2025
SHABBAT AND HOLIDAY SERVICES Wednesday, October 1 – Erev Yom Kippur 5786	
wednesday, October 1 – Erev 10m Kippur 5/60	1.20 D.M
Early Mincha Candle Lighting (the fast begins)	1:30 P.M.
Candle Lighting (the fast begins)	6:19 P.M.
Kol Nidrei	6:30 P.M.
Thursday, October 2 – Yom Kippur	9:00 A.M.
Torah Reading: Leviticus 16:1-34, Numbers 29:7-11 Haftarah: Isaiah 57:14-58:14	
Yizkor approximately	11:00 A.M.
Mincha	4:30 P M
Torah Reading: Leviticus18:1-30 Haftarah: Jonah 1:1-4:11, Micah	7.18-20
Neilah	7.10-20 5.45 D M
Fast ends - Shofar is sounded	7.16 D.M.
	7:16 P.M.
Friday, October 3	
Mincha/Kabbalat Shabbat/Maariv	
Candle Lighting	6:16 P.M.
Saturday, October 4 – Ha'azinu	
Torah Reading: Deuteronomy 32:1-52 Haftarah: II Samuel 22:1	-51
Mincha	5:30 P M
Shiur/Third Meal	
Maariv	
Shabbat ends	/:13 P.M.
Monday, October 6 - Erev Sukkot	7
Mincha/Maariv	. 6:00 P.M.
Candle Lighting	6:11 P.M.
Tuesday, October 7 – First Day Sukkot	9:00 A.M.
Torah Reading: Leviticus 22:26-23:44, Numbers 29:12-16	
Haftarah: Zechariah 14:1-21	
Mincha/Maariv	6:15 P.M.
Candle Lighting from pre-existing flame afte	r 7:08 P M
Wednesday, October 8 - Second Day Sukkot	9.00 A M
Torah Reading: Leviticus 22:26-23:44, Numbers 29:12-16	7.00 A.W.
Haftarah: I Kings 8:2-21	
Mincha/Maariv	6-20 DM
Yom Tov ends	7:00 P.M.
Thursday, October 9 – Chol Hamoed Sukkot Services 7:00 A.M Friday, October 10 – Chol Hamoed Sukkot	
Mincha/Kabbalat Shabbat/Maariv	6:00 P.M.
Candle Lighting	6:05 P.M.
Saturday, October 11 - Shabbat Chol Hamoed Sukkot	9:00 A M
Torah Reading: Exodus 33:12-34:26, Numbers 29:17-22	J.00 71.1VI.
Haftarah: Ezekiel 38:18-39:16	
Mincha	5·15 P.M
Shiur/Third Meal (in the Sukkah)	5:45 D M
Maariv	5.45 I .WI.
Shabbat Chol Hamoed Sukkot ends.	7.02 D M
Shabbat Choi Hambed Shkkot ends	7:02 P.M.
Sunday, October 12 - Chol Hamoed Sukkot Services 8:30 A.M	, 7:00 P.M.
Monday, October 13 – Hoshanah Rabbah, Erev Shemini Atzeret	
Hoshanah Rabbah Morning Service	7:00 A.M.
Breakfast (in the Sukkah)	8:30 A.M.
Candle Lighting	6:00 P.M.
Mincha/Maariv	. 6:00 P.M.

Manes Kogan
Helene Jacob
Karen Rothman Sisterhood President
Martin Guttman Men's Club President
Esther Tokarz Youth/FamilyPresident
Nadine Kochavi Executive Director
Joan Hausmann
Contact HJC Office Bulletin Advertising
Dr. Israel Mowshowitz 7" Rabbi Emeritus
Moti Fuchs 7"7
Hillcrest Jewish Center

Hillcrest Jewish Center 183-02 Union Turnpike Flushing, NY 11366-1623 Affiliated with

United Synagogue of Conservative Judaism

Hillcrest on the Web

www.HillcrestJC.org Phone (718) 380-4145 Fax (718) 380-4665 E-mail: info@hillcrestjc.org

### **CENTER FAMILY**

### Condolences to:

Marlene Bufferd, Cary Bufferd and Jackie Shanis on the passing of their brother Stephen Bufferd.

Jane Fuerst on the passing of her mother Florence Diana Fuerst.

Janet Cohen on the passing of her sister Helene Dyzenhaus.

May the families be comforted among the mourners of Zion and Jerusalem.

### CITY HARVEST FOOD COLLECTION

City Harvest is holding its annual city-wide *High Holidays Food Drive* through October 13th to collect kosher food and help feed Jewish families across New York City.

Donated food items may be dropped off at the Hillcrest Jewish Center office Monday through Thursday between 9:00 AM and 5:00 PM. Alternatively, those coming for minyan may leave their food donation(s) in the designated box located outside the Ferkauf Chapel door.

Non-perishable sealed or packaged kosher foods are acceptable for collection. Non-kosher food will not be accepted. The most needed foods are shelf-stable, kosher sources of protein, such as beans, sardines, tuna, nuts, salmon, gefilte fish, and peanut butter. City Harvest cannot accept unlabeled or dented cans, open packaging, products that need to be refrigerated, homemade foods, or expired foods.

According to UJA Federation of NY, 30% of Jewish households in NYC are living near or below the poverty line.

### From Rabbi Kogan

Dear Friends of Hillcrest Jewish Center,

As I was thinking about what to write for my October message, Ira Lilien shared with me a short article by Rebecca Heiss which appeared in the Wall Street Journal on August 28th. The article reminds us of something many of us discovered at Hillcrest Jewish Center: helping others, reaching out to the lonely, and lending a hand to those in need, not only help you to *gain points* with the Almighty (which we can always use), but can mitigate the effects of stress and bring meaning to your life.

I will let the article, and the inspiring story it shares, speak for itself. Let me remind you, however, that you don't have to travel far to make a difference. In the words of the Torah (Deuteronomy 30:14): "...the thing is very close to you..." Congregational life provides you with endless opportunities to help people, in big and small ways. In this regard, Hillcrest Jewish Center is a laboratory for kindness and compassion, a place where you can become the best version of yourself.

So, enjoy the article. Thank you, Ira, and May HaShem bless all of you with a year of meaning and spiritual growth.

Rabbi Manes Kogan

### I Study Stress. This Cure Surprised and Helped Me by Rebecca Heiss. WSJ

I was pacing the lobby of a Big Island hotel in flip-flops, panic rising in my chest like mercury in a thermometer. My luggage had vanished somewhere between the continental U.S. and Hawaii, and in less than 24 hours I was supposed to deliver a keynote speech to a room full of suits. The irony was not lost on me. Here I was, a stress physiologist who studies how humans handle pressure, completely undone by a missing suitcase.

That's when the hotelier noticed my distress. Without hesitation, he had a car take me to the shops. After three stores with nothing but Hawaiian shirts, I was ready to find a place to quietly weep. Then in the last shop something extraordinary happened.

The woman behind the counter listened to my predicament and chuckled, "Sweetie you aren't going to find what you need here." She handed me the keys to her brand-new BMW convertible and gave me directions to shops that sold business attire 40 minutes away. "Just bring it back when you're done," she said with a smile. I was flabbergasted. "I don't even know your name," I protested. "I'll tell you when you bring my car back," she twinkled.

As I drove across the island, top down and doubts swirling (was I an unwitting drug mule?), I couldn't comprehend why a stranger would trust me with what was likely her most valuable possession. I returned hours later, outfit secured and overcome with gratitude. Through tears, I asked the woman her name, it was Tani, and why she had done this. "That's how we take care of people here in Hawaii," she answered.

Then she revealed something deeper. "I've been stressed lately," she admitted. She was worried about her daughter, who had just moved back to the continental U.S. "My hope is that somebody might do something similar for her if she was in the same circumstance."

When I returned to the hotel, the hotelier was eager to hear how my trip had gone. As I recounted Tani's extraordinary kindness, tears welled up in his eyes. Minutes later, an elaborate display of chocolates arrived at my room, accompanied by a two-page note. He explained that he'd been anxious about moving his family to Hawaii, but my story had quieted his stress.

In the self-help field, we tend to promote the usual stress-management arsenal: meditation apps, massage therapy, breathing exercises, yoga classes. These aren't wrong, but they rely on the individual to solve their own stress. In reality, these tools can sometimes exacerbate the problem, as people see their failure to self-regulate as proof there is something broken or wrong with them.

A study of workplace interventions to reduce stress, published in Industrial Relations Journal in 2024, revealed a startling truth. Of the 90 different stress-reduction strategies tested in corporate settings, which included meditation, massage and breathing exercises, only one consistently mitigated the negative effects of stress: serving others.

My Hawaiian crisis had become an impromptu case study. People experiencing their own stress had all instinctively relieved this pressure by helping someone else – in this case, me. They weren't following any wellness program or stress-management protocol. They were simply, and perhaps unconsciously, responding to their own anxiety by extending kindness to another person.

This helped me see how we've been approaching stress relief backwards. Instead of turning inward with bespoke wellness practices, we do best when we turn outward, toward the needs of others. This doesn't mean meditation and self-care are useless, just that they are incomplete solutions.

continued on page 3

### Rabbi continued from page 2

My luggage crisis taught me that stress isn't necessarily the enemy we've made it out to be. When channeled properly, it can point us toward opportunities to serve.

We're all carrying invisible stressors. We're also all potential sources of relief for one another. In a world obsessed with self-optimization and individual wellness solutions, the most radical act might be the simplest one: noticing when someone else needs help and then providing it.

The Adult Education Committee presents

CAN ANGER BE RIGHTEOUS? Sunday, October 26 at 10 a.m.



MICHA'EL ROSENBERG

Through the ages, from Biblical times to modern times, Jewish tradition has generally viewed anger negatively as a weakness. But is rage always a bad thing? Can it be useful or even morally sound? Join Rabbi Micha'el Rosenberg as he considers these questions and helps us decide if anger can be righteous.

Micha'el Rosenberg is a member of the faculty at Hadar. Previously, he was an associate professor at the Rabbinical School of Hebrew College. He served as the rabbi of the Fort Tyron Jewish Center. He has taught Bible, Talmud and halakah in many different locations including the Drisha Institute for Jewish Education. An alumnus of the Wexner Graduate Fellowship program and Harvard College, he holds a doctorate in Talmud and Rabbinic literature from the Jewish Theological Seminary. He received his rabbinic ordination from the Chief Rabbinate of Israel.

A light breakfast will be served at 10:00 A.M. The discussion will follow at 10:30 A.M.

This event is free and open to the public. RSVP is required. Reply to the Hillcrest office at 718-380-4145.

Kathy Lewis

SHABBAT AND HOLIDAY SERVICES	
Tuesday, October 14 – Shemini Atzeret, Erey Simchat Torah	М
Torah Reading: Deuteronomy 14:22-16:17, Numbers 29:35-30:1	¥1.
Haffarah: I Kings 8:54-66	
Y 1ZKOT annrovimately 11:00 A N	VГ
6:00 P.M	M.
1 1/1/4/11 17	
Candle righting from pre-existing flame	
7.00 D k	VI.
Torah Reading: Deuteronomy 33:1-34:12, Genesis 1:1-2:3, Numbers 29:35-30:1	И.
Total Reading. Deuteronomy 33.1-34.12, Genesis 1:1-2:3, Numbers 29:35-30:1	
Haftarah: Joshua 1:1-18	
Mincha/Maariv 6:15 P.N	1.
Simchat Torah ends 6:56 P.M	1.
Friday, October 17	
Mincha/Kabbalat Shabbat/Maariv	1
S:54 P N	Æ
Saturday, October 18 – Bereshit – Birkat HaChodesh	12
Torah Reading: Genesis 1:1-6:8 Haftarah: Isaiah 42:5-43:10	1.
We welcome the new month Heshvan	
Roch Chodesh is Wednesder and Though Co. 1	
Rosh Chodesh is Wednesday and Thursday, October 22 and 23	
Mincha 5:15 P.M.	1.
Shiur/Third Meal	ſ.
1VIAGIIV	ſ
Shabbat ends 6:51 P.M	ſ.
Friday, October 24	
Mincha/Kabbalat Shabbat/Maariv	r .
Candle Lighting 5.30 P,M	•
Saturday October 25 Nooch	
Saturday, October 25 – Noach  Torah Pending: Generic 60 112 March 19:00 A.M	i.
AVIGUANCIQUINE CICHESIS O 9-11 3 Haffarah Icasah 5/1-1 55.5	- 11
Mincha Shiur/Third Meal 5:15 P.M	
Shiur/Third Meal 5:15 P.M Maariy 5:45 P.M	9
6-20 D M	- 1
Shabbat ends 6:42 P.M	. 1
Friday, October 31	- 1
Mincha/Kabbalat Shabbat/Maariv	
Candle Lighting 5.30 P.M. 5:35 P.M.	٠ ا
Torah Reading: Genesis 12:1-17:27 Haftarah: Isaiah 40:27-41:16	- 1
Mincha Shing/Third Mod 5:00 P.M.	- 1
Shiur/Third Meal 5:00 P.M. Maariy 5:30 P.M.	. [
Maariy 5:30 P.M.	e [
Maariv 5.30 P.M. Shahbat ends 6:15 P.M.	· [
Shabbat ends 6.13 P.M. 6:34 P.M.	. [

Hillcrest Jewish Center Adult Education Committee and Congregation Etz Hayim at Hollis Hills Bayside present

Going Out with Knots: My Two Kaddish Years with Hebrew Poetry

A Four Class Series with Rabbi Wendy Zierler



Rabbi Wendy Zierler will be teaching a 4-session course based on her most recent book *Going Out with Knots: My Two Kaddish Years with Hebrew Poetry*. The book, a Kaddish memoir, was born out of the loss of both of Rabbi Zierler's parents, and includes personal reflection and feminist religious critique with the translation and analysis of poems by seven modern Hebrew poets. The book combines analysis of modern and contemporary Jewish literature with classical text study. The poems are translated by Rabbi Zierler, many into English for the first time.

The book focuses on the experience of saying kaddish as a feminist rabbinical student in an Orthodox synagogue. Each poet, like Rabbi Zierler, comes to writing deeply connected to Jewish tradition and yet at odds with it, too. The 4 sessions will examine themes of feminism, prayer, and grief through the lens of Israeli poets and reflect on how a woman living in a Modern Orthodox community can claim a place in the male-centered rituals that Jewish tradition prescribes for mourning.

Continued on page 4

### Rabbi Zierler continued from page 3

Use the link <a href="https://jps.org/books/going-out-with-knots/">https://jps.org/books/going-out-with-knots/</a> to order the book at a 40% discount.

Each class follows minyan.

Hillcrest minyan is 7:00 pm, and Etz Hayim minyan is 7:30 pm.

Classes take place on Wednesdays: Hillcrest Oct. 22 and Nov. 12 at 7:30 pm; Etz Hayim Nov. 5 and Nov. 19 at 8:00 pm.

Wendy Zierler is Sigmund Falk Professor of Modern Jewish Literature and Feminist Studies at HUC-JIR in New York. She received her Ph.D. and her MA from Princeton University and her BA from Stern College of Yeshiva University and an MFA in Fiction Writing from Sarah Lawrence College. In June 2021, she received rabbinic ordination from Yeshiva Maharat. She is the author, previously, of *Movies and Midrash: Popular Film and Jewish Religious Conversation* (SUNY Press, Finalist for the National Jewish Book Award in Modern Jewish Thought and Experience, 2017) and many other books and articles in the fields of Jewish literature and Jewish Gender Studies.

As a fiction writer she has written short stories as well as a middle-grade Jewish fantasy novel entitled, *The Return of Gerda Wertheimer*. She is married to Daniel Feit and has 3 adult children.

Please join us for one or all sessions. Light refreshments will be served. The course is free and open to the public. Please RSVP to the Hillcrest office at 718-380-4145.

Helene Zipkin

### FROM THE EXECUTIVE DIRECTOR

Being a Vibrant and Thriving Congregation

In my 25+ year career as a Jewish non-profit professional, I have worked with and supported hundreds of congregations across the United States. I've attended countless board meetings, programs, classes, and events, and have spent meaningful time with many rabbis, cantors, lay leaders, and volunteers.

If I recall correctly, my first official day at Hillcrest Jewish Center featured a *siyum* led by Rabbi Kogan and a celebratory lunch in the Upper Morieda. As I looked around the room, I was immediately impressed by the high level of learning and the deep devotion to Torah study. Members had come during the day just for this special occasion.

The first program I helped organize, together with the Israel Action Committee, was the Yom Ha'atzmaut celebration. This event holds a special place in my heart, as I was born in Israel (though raised in Queens). On the day of the event, I was once again blown away by the energy and enthusiasm of HJC's members in honoring and celebrating our beloved Homeland.

During my time at USCJ (United Synagogue of Conservative Judaism), I often heard comments about the Conservative Movement declining, that synagogues were no longer relevant or meaningful in the lives of most Jews (outside of Orthodoxy). And yet, from my very first day at Hillcrest – and every day since – I have been deeply inspired by how much this community truly exemplifies a *Kehilla Kedosha*, a sacred and holy congregation that is vibrant, engaged, and thriving. Hillcrest is home to a deeply committed and caring community.

You may have even been asked by outsiders: "Isn't Hillcrest closing its doors?" We all know the answer is a resounding **NO!** In fact, we're more active and thriving than ever.

Have they heard about the numerous classes taught by our rabbi? The monthly Hazzanit's Round Table? The wealth of adult education programs? The burgeoning youth and family events? If someone wants to learn more about our daily offers or membership opportunities, tell them to call the Executive Director. I'd be happy to share all the ways they can get involved.

Let's be proud of our sacred community, a place where we continuously strive to bring our synagogue's vision to life.

Hillcrest Jewish Center is a home for Jews of all ages, backgrounds, and levels of knowledge and practice — a place where learning is shared, spiritual goals are nurtured, and chesed and tzedakah are part of daily life.

With over 80 years of rich history and Rabbi Kogan now entering his 20th year with us, let's come together this year – current and prospective members alike – to experience all that Hillcrest Jewish Center, its clergy, and its members offer in building a vibrant and thriving Jewish life.

Nadine Kochavi, Executive Director

### **SISTERHOOD**

Sisterhood's Paid-Up Member's Luncheon is fast approaching on Monday, October 27th at 12 noon. Enjoy an afternoon with friends, food and entertainment. Our special guest is Cantor Rachel Black. She will share stories and music with us.

You must be a Paid-Up Member of Sisterhood and RSVP by October 21st in order to attend. Fill out the tear-off on our flyer and leave it in the Sisterhood mailbox. The guest non-member donation is \$20 per person. Don't miss out on this enjoyable event.

Please join us on Monday, November 17th at 12:30 pm. Our speaker will be Joan Stenzler, LCSW, Communication Design Specialist, Relationship Empowerment Coach and Practicing Psychotherapist. Joan's topic will be "Do You Experience Communication Procrastination?" – 6 Hidden Reasons Women Hesitate and How to Find the Courage to Speak Up.

With a donation of only \$18 to Sisterhood, in honor of or in memory of someone, we will send the recipient a beautiful acknowledgment card. Please provide name, full address and reason for your donation. Thank you.

All checks are payable to Sisterhood Hillcrest Jewish Center.

Additional New Year Greetings: Suzy Heinflink and Dorana Jurkevich, and a donation to Sisterhood was made by Suzi Heinflink.

Karen Rothman, Sisterhood President

### **MEN'S CLUB**

The Executive, Judicial and Legislative Branches of Men's Club wish all Congregants of Hillcrest Jewish Center and their families a happy, healthy and peaceful 5786.

On Sunday afternoon, September 7th, Men's Club hosted its annual barbecue. Due to questionable weather conditions throughout the day, festivities were conducted in the Moreida Auditorium rather than the traditional outdoor parking lot. Kudos to the Housekeeping Department, and a slew of Men's Club, Sisterhood and other volunteers who made this gathering possible with the setting-up of tables and chairs and all the accoutrements. As always, our extraordinary outdoor grillmen, Chefs Harold, Alan and Gerry, did their utmost in providing enough eats for the one hundred-or-so guests. Congratulations to Hillcrest past president Robert Zuckerman for winning the 50/50 Raffle.

Joel "Yonah" Berkowitz, Co-Vice President



Cookers: Gerry Lewis, Harold Moskowitz and Lillyana, Alan Reisner.

Photo by Sherry Reisner

### FROM THE HAZZANIT

In a world suffering from so much strife and hatred, I am thinking about the ways in which we can bring joy back into our lives and community. Our vibrant shul is a safe space to gather as proud Jews. share a familiar (or new?) tune, tell stories, giggle, pray, learn, listen, play, and of course...eat! For me, Shabbat is a precious window into Gan Eden, and a muchneeded respite from the tachlis minutia of the week. We must be vigilant in continuing to uplift the sacred in our conversations and actions on Shabbat. Come find me at kiddush and tell me your stories! We can save the logistics for the work week. I love hearing about your families, hobbies, joys, challenges, and successes. May our haimish congregation continue to celebrate what unites us and never fall victim to the divisiveness that is all around us.

In this spirit, I am thrilled to announce that we have been awarded the UJA Shabbat Reconnect Grant for my Shabbat Shir Chadash program. This is an opportunity to come together after the chagim to celebrate Shabbat, keep our communal ties strong, and try something new. We will lead this effort with three things that we love: Music, Food, and Each Other! On Friday, October 24, we will gather for a pre-Shabbat experience of new music with instruments, followed by our regular Shabbat davening, and culminating in a Shabbat dinner together. May each of us use it as a time to disconnect from the frenzy of our broken world and reconnect with each other. Happy New Year! Cantor Rachel

### YOUTH & FAMILY

In the spirit of the season, I am reflecting back on the incredible work of our Youth & Family Committee, under the direction of Rabbi Kogan, in sustaining and building our community. In particular, I want to acknowledge Esther Tokarz, our Committee Chair and Parent Liaison, for her steadfast dedication in bringing us all together for Shabbat dinners, hockey games, and more. Thank you, Esther, Suzi, Pazit, Shara, and Michelle for your collaboration! Cantor Rachel

### A REVIEW FROM ESTHER

Youth and Family visited the Eldridge Museum on June 8th. We enjoyed learning that this beautiful synagogue was the first Ashkenazi shul on the East coast, and it was built for the people coming from Europe, as it was the first stop before they moved to other places in the U.S.

Youth and Family had so much going on last year. There were many Shabbat dinners led by the Rabbi and Cantor, teen meetings with Rabbi and Abby Kogan and even a session of Krav Maga! We went to the Little Neck Farm, volunteered to bring packages to those in need for Thanksgiving and went to a hockey game. We have services for kids of every age. Youth and Family events have started back up again for the year, and we look forward to seeing you at our programs!

Esther Tokarz

### **OCTOBER YOUTH SERVICES**

### Yom Kippur morning

Kindershul 10:15-11:30, Elizabeth Kogan Junior Cong. 10:45-12:15, Jonah Resnick Teen Minyan 10:45-12:15, Abby Kogan **Shabbat mornings** 

Kindershul, 10/4, 10/11 at 10:15-11:30 Junior Cong. 10/11, 10/25 at 10:30-11:45 Teen Minyan 10/11, 10/25 at 10:30-11:45

> Save the Date Sunday, November 9 at 10:00 a.m. CONGREGATIONAL MEETING

### BOARD OF TRUSTEES REPORT

Shalom fellow congregants. Here are some highlights from our August meeting:

**Treasurer's Report**--We received \$75,000 from Employee Retention Credit for keeping our staff during the pandemic.

Executive Committee Report--The 2025-2026 meeting dates were reviewed. Committee lists were distributed for editing. The board will have a retreat at HJC on Sunday, September 28 for leadership development. The Kol Nidre Campaign has begun with calls being made to all members. A sub-committee will be formed to establish a policy for political activities at HJC based on a change in the non-profit law. 50 new Chumashim were purchased from the Prayer Book fund to replace those in need of repair. The old Chumashim will be offered to congregants to take home or be sent to charities.

**Executive Director's Report--**We applied for a UJA Grant involving member engagement. There was a small leak in the sanctuary roof that was repaired by our staff. Other miscellaneous repairs were being made during the

summer. The boilers will be inspected soon. Quotes for maintenance will be reviewed. On Sept. 14, Shai Held will make a presentation entitled "Judaism is About Love." Pre- and post-discussions, led by Elaine Soffer, will be offered before and after the event. There will be a security drill on Shabbat 9/20. AED/CPR training for staff and board members will be taking place on 9/4. As of this meeting, 41 people have moved from the ballroom to the sanctuary for the high holidays.

**Sisterhood Report--**Paint & Sip will be held on Sunday, Sept 14 at 3:00 PM. The paid-up luncheon will be on Monday, Oct 27 at 12:00 PM.

Men's Club Report--The Ben Rosof Paid-Up Family BBQ is on Sunday, Sept. 7 at 4:00 PM. They are planning a Pizza & Movie night in the Sukkah.

Youth and Family--Ten people attended Shabbat in the Park. Dinners will be held each month on the first Fridays in the fall and on the last Fridays in the spring.

**Old Business-**The sale of the building is moving forward with the lawyers meeting to set sharing procedures.

New Business--The chairlift is now up and running. A sub-committee was formed to develop a policy for non-members participating in HJC events.

Good and Welfare--Mazel tov to the Rabbi and his family on Ilan's engagement. A shout-out to Susan Diamond and her team for their great efforts with the friendship kiddushes. Best wishes to Eric Moore and Howard Jacob for speedy recoveries.

Enjoy the holidays.

Mark Solkoff, Board Chair

THE MEN'S CLUB PRESENTS

PIZZA IN THE SUKKAH

AND

MOVIE NIGHT

(JOJO RABBIT)

THURSDAY, OCTOBER 9 6:30 P.M.





SEE FLYER FOR DETAILS

# HJC's next ISRAEL BONDS BREAKFAST will be in MARCH 2026

### Hillcrest's Small Groups: SEOUL STORIES A K-Drama Group

I confess, I have an addiction. I am addicted to Korean dramas. However, I am far from alone in this addiction. Korean culture is catching on in this country. K-pop, K-drama, and even K-food (think kimchi and bulgogi). K-pop, with groups like BTS, are drawing huge crowds and viewers.

Especially dominant are K-drama series. Series such as "Squid Game" and movies such as "Parasite" are widely consumed. Once you watch one of these, you are likely to get hooked. The acting is exceptional; so are the costumes, the sets, and the cast of each show. Most of the story lines are great. Some people even say that some of the programs are masterpieces.

I have not seen "Squid Game." I started out by watching "Crash Landing on You." What a wonderful drama that was. The next was "Start-up." Since then, I must have seen at least 30 shows, ranging from comedies to drama, from romance to historical period pieces, from mysteries to time travel.

This is why we started a Korean Small Group club. The six current members of the group discuss, analyze, rhapsodize, and clarify the current videos we are watching via Netflix, then make suggestions for other programs. During future meetings, we will be watching episodes of some of these videos in the library. There is one drawback: the videos are, of course, in Korean, with subtitles. But for those who don't like reading subtitles, many of the dramas (but not all) are dubbed in English.

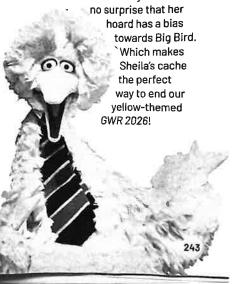
We welcome new members to our Korean Small Group club, so please join us, even if you have never watched any Korean dramas yet. You will have fun!

Nora Kozuch

# GUINNESS WORLD RECORDS 2026

# Sheila Chustek has done it again with the largest collection of Sesame Street memorabilia

As of 17 Apr 2025, Sheila Chustek (USA) owned 1,200 pieces of merch from the beloved PBS kids TV show, as verified in New York City, USA. She began collecting in 1973, and as her favourite colour is yellow, it's



Since the HJC Bulletin is printed in black and white, you'll just have to picture it in your mind with Big Bird in bright yellow.

### **KOL NIDRE**

For those of you who made your Kol Nidre donation without being called, a hearty Yasher Koach! For those of you who pledged when you were called, a great big thank you. It's always nice to check in with a phone call. For those of you who have not yet pledged, it's not too late to do so!

Your participation in this membershipwide drive is crucial. Please pledge and contribute what you can to keep Hillcrest Jewish Center the vibrant religious and social destination that it is.

# URGENT – HELP NEEDED PLEASE RESPOND

*Besides* Shabbat, if you already attend one of the morning or evening minyans at least once a week, please *disregard*.

For everyone else – simply put, the morning/evening minyan was there for many of us when WE had to say Kaddish. Now, it needs our help to keep going for others. Can you please commit to at least

one morning or evening minyan per week? If you miss it occasionally, that's fine. Can you also convince a friend or family member to join you?

Please let us know which morning/ evening minyan(s) you can attend. Email your name(s) and which minyan to Ischachter1@gmail.com.

### **RSVP** Required

When you see those words on a flyer, in the text of a Bulletin article, or in the Daily Digest or Shabbat Shalom... it is there for a reason!

Tables must be set up and/or food will be served, and it is necessary to know how many people will be attending.

### SYNAGOGUE OFFERINGS

As a member-in-good-standing, you may phone the office with your donation and the amount will appear on your next HJC bill.

### Reminder

There is a \$25 minimum donation required for the listing to be printed in the Bulletin (one name per yahrzeit listing).

### General Fund:

Susan & Cliff Hamburger wish Mazal Tov to Silvia & Rabbi Manes Kogan on the engagement of their daughter Abby Kogan to Yoni Bierig.

Elaine Soffer & Richard Kass wish a hearty Mazal Tov to the Kogan family on the engagement of Ilan to Sara.

Regina Damon congratulates Rabbi & Silvia Kogan on the engagements of their children Abby and Ilan.

Carol & Jay Greenberg wish Silvia & Rabbi Kogan Mazal Tov on the engagement of their son Ilan to Sara.

Carol & Jay Greenberg wish Silvia & Rabbi Kogan Mazal Tov on the engagement of their daughter Abby to Yoni.

continued on page 7

General Fund continued from page 6

The Greenberg family in honor of Jay Greenberg to celebrate a special anniversary.

Merle & Bernie Kaplan congratulate Abby and Yoni, and Ilan and Sara on their engagements.

Sela & Steve Zellman wish Mazal Tov to Bertha Strauss and family on the birth of her great-granddaughter Clara Isabel.

Ellen & Arnie Schweitzer wish Howard Jacob a refuah shleimah.

Helene & Howard Jacob send a refuah shleimah to Carl Gruber on his recent surgery.

Merle & Bernie Kaplan wish Howard Jacob a speedy recovery.

Sela & Steve Zellman wish Howard Jacob a speedy and complete recovery.

Susan Hamburger for yahrzeit of brother-in-law Daniel Plotkin.

Rabbi Manes Kogan for yahrzeit of great-grandparents Yosef David Josid, Rebecca Vaisman de Savransky, Asher Zelig Kogan, and grandfather Fernando Kogan.

RoseAnn & Gary Darche in memory of Matt Gise, a truly good person.

Edith Jarnow for yahrzeit of father Irving Jarnow.

Michael Goodman for yahrzeit of mother Gloria Goodman.

Arthur Anderman for yahrzeit of father Max Anderman.

Carole Anderman for yahrzeit of grandmother Rae Posner.

Joel Berkowitz for yahrzeit of grandmother Miriam Berkowitz.

Arthur Solarsh for yahrzeit of father S. Murray Solarsh.

Carol & Jay Greenberg in memory of Pearl Waschler, dear mother and grandmother on her 18th yahrzeit.

Shirley Goldfeder for yahrzeit of mother Sylvia Scheinman and mother-in-law Sarah Goldfeder.

Nitza Schraeter for yahrzeit of grandfather Avraham Schancer.

Joseph Cohen for yahrzeit of grandmother Goldie Fishberg.

Janet Cohen for yahrzeit of mother Mildred Hirsh.

Elaine Applebaum for yahrzeit of father Herman Roberts.

Elaine Applebaum for yahrzeit of Stanley Applebaum, beloved husband, father and grandfather.

Sandra Jackson for yahrzeit of grandfather Hyman Steinberg.

Sandra Jackson for yahrzeit of aunt Louise Michelman.

Elaine Steinberg for yahrzeit of aunt Louise Michelman.

Elaine Steinberg for yahrzeit of grandfather Hyman Steinberg.

Abby Greenberg for yahrzeit of parents Irving & Ruth Schlein and grandmother Rebecca Schlein.

Sharon Taxin for yahrzeit of sister Joyce Chester.

Shelly Spiegel for yahrzeit of parents Louis & Rhoda Horn.

Andria Grundman Cooper for yahrzeit of mother Pearl Grundman.

Harold Moskowitz for yahrzeit of mother Jean Moskowitz.

Susan Saffar for yahrzeit of father Raymond Hausmann.

Barry Hausmann for yahrzeit of father Raymond Hausmann.

Joan Hausmann for yahrzeit of husband Raymond Hausmann.

Jared Rifkin for yahrzeit of brother Walter A. Rifkin.

Jared Rifkin for yahrzeit of mother Esther Rifkin.

Aggie & Ted Weisz in memory of Florence Diana Fuerst, mother of long-time member Jane Fuerst.

Aggie & Ted Weisz in memory of Elly Gross.

Analee Stemberg for yahrzeit of father Isaac Bernstein.

Miriam & Paul Springer in memory of Matt Gise.

Mark Solkoff for yahrzeit of grandfather Paul Friedman.

Seymour Kaplan, Bernie Kaplan, and Florence Siegel for yahrzeit of father Jack Kaplan.

Phyllis Gruber for yahrzeit of mother Lillian Marvald.

Carl Gruber for yahrzeit of mother Faye Gruber.

Priscilla Nathanson for yahrzeit of beloved father-in-law Louis Nathanson.

beloved husband Milton Nathanson.

Alison Rice for yahrzeit of father

Priscilla Nathanson for vahrzeit of

Samuel Berlin.

Leland Vall for yahrzeit of father

Seymour Vall.

Michele Lilien for yahrzeit of sister

Dorothy Michelov.
Shara Cohen for yahrzeit of mother Rissa Weisser.

Bertha Strauss in memory of parents William & Clara Dreyfuss who were killed in Auschwitz.

Bertha Strauss in memory of dear husband Walter Strauss.

Steffi Weiss for yahrzeit of mother-inlaw Fannie Weiss.

Dorothy & Larry Schonfeld express condolences to Jane Fuerst on the passing of her beloved mother, Florence Fuerst. Rita Barrison for yahrzeit of father George Shapiro.

Samuel Bahn for yahrzeit of sister Sheryl Bahn Dockser.

RoseAnn & Gary Darche in memory of Helene Dyzenhaus, beloved sister of Janet Cohen.

### Rabbi's Discretionary Fund:

Gail Budiansky thanks Rabbi Kogan for all the wonderful learning opportunities where she enjoys each and every class and is learning a great deal.

Linda & Leonard Jaffe wish Mazal Tov to Rabbi Kogan & Silvia on the engagement of Abby and Ilan.

Anna Rottersman & Ted Lehmann wish Mazal Tov to Rabbi Manes & Silvia Kogan on the engagement of their son Ilan to Sara.

Roxanne & Arthur Solarsh thank Rabbi Kogan for his kindness always, with love.

Merle & Bernie Kaplan wish Mazal Tov to Rabbi Manes & Silvia Kogan on the engagements of Abby to Yoni, and Ilan to Sara.

Bertha Strauss wishes Mazal Tov to Rabbi & Silvia on the engagement of their daughter Abby to Yoni Bierig, and son Ilan to Sara Merkin.

Janet Kenler Weligman for yahrzeit of brother Robert Kenler.

Judy & Randy Stein and family in memory of Florence Fuerst, beloved mother, grandmother and great-grandmother of Jane Fuerst, Michael and Larissa Marco.

Lenore Robinson in memory of Janet Cohen's beloved sister Helene Dyzenhaus.

### Edith & Aaron Goldberg Fund for Youth and College Activities:

Adele Rothstein for yahrzeit of uncle PFC Harold Adler.

Adele Rothstein for yahrzeit of husband Howard Rothstein.

### Askenas Audio Visual Fund:

Seymour Kaplan, Bernie Kaplan, and Florence Siegel for yahrzeit of father Jack Kaplan.

Caren & Gary Cohen, Dani, Robby & Sami, and Asher Cohen in loving memory of father Warren Askenas.

### Prayer Book Fund:

Helene & Howard Jacob wish Happy Birthday to Edgar Schwartz.

# Sam & Stella Skura Holocaust Memorial Fund:

Dr. Arthur Flug & Hon. Phyllis Orlikoff Flug in memory of Helene Dyzenhaus.