



# Hillcrest

## JEWISH CENTER BULLETIN



Vol. 86, No. 9

14 Iyar 5786

May 1, 2026

### PRESIDENT'S MESSAGE

#### Installation Speech – March 28, 2026

It is hard to believe that the first year of my presidency passed so very quickly. It is an honor and privilege to be part of the leadership story of Hillcrest Jewish Center that began in 1939.

There are several reasons why I am filled with gratitude as I continue as the forty-fifth president of our sacred home. I appreciate having a strong Executive Committee that assists me in decision making, including past president Simeon Saturn whose guidance has been invaluable. I appreciate having Board of Trustees members who serve because they believe in Hillcrest Jewish Center and they know what a special place it is. A Yasher Koach to those trustees who are stepping down from serving our congregation and a warm welcome to the members joining the Board. We appreciate our dynamic clergy leadership. Rabbi Kogan is an inspiring teacher, and Cantor Black inspires us through song and prayer.

Together with our dedicated lay leaders, clergy, volunteers, office and maintenance staff, and Executive Director Nadine Kochavi, we have made significant strides this year. Our programming and participation reached new heights. With our theme, *Come Together*, we have been relishing the joys of being together, praying together, learning together and breaking bread together. A HUGE Yasher Koach to everyone who supported this engagement.

This past year we shared many joyous occasions - milestone birthdays, engagements, aufrufs, and baby namings. We are honored by Rabbi Kogan's appointment as an NYPD Chaplain. Later this month, we will be celebrating the installation of Rachel Black as our Cantor.

We supported one another through times of sorrow and sadness. We leaned on one another as we prayed for the release of the Israeli hostages, for the security of the State of Israel and for the safety of Jews throughout the world.

*continued on page 4*

### SHABBAT AND HOLIDAY SERVICES

#### Friday, May 1 – Jewish American Heritage Month begins

Mincha/Kabbalat Shabbat/Maariv.....	6:30 P.M.
Candle Lighting.....	7:33 P.M.

#### Saturday, May 2 – Emor..... 9:00 A.M.

Torah Reading: Leviticus 21:1-24:23   Haftarah: Ezekial 44:15-31

Kinders hul.....	10:30 A.M.
Junior Congregation.....	10:30 A.M.
Teen Minyan.....	10:30 A.M.
Mincha.....	7:00 P.M.
Shiur/Third Meal.....	7:30 P.M.
Maariv.....	8:15 P.M.
Shabbat ends.....	8:38 P.M.

#### Tuesday, May 5 – Lag B'Omar

#### Friday, May 8

Mincha/Kabbalat Shabbat/Maariv.....	6:30 P.M.
Candle Lighting.....	7:41 P.M.

#### Saturday, May 9 – Behar-Bechoukotai..... 9:00 A.M.

Torah Reading: Leviticus 25:1-27:34   Haftarah: Jeremiah 16:19-17:14

Mincha.....	7:15 P.M.
Shiur/Third Meal.....	7:45 P.M.
Maariv.....	8:30 P.M.
Shabbat ends.....	8:46 P.M.

#### Friday, May 15 - Yom Yerushalayim – Jerusalem Day

Mincha/Kabbalat Shabbat/Maariv.....	6:30 P.M.
Candle Lighting.....	7:48 P.M.

#### Saturday, May 16 – B'midbar - Birkat HaChodesh..... 9:00 A.M.

Torah Reading: Numbers 1:1-4:20   Haftarah: I Samuel 20:18-42

We welcome the new month Sivan – Rosh Chodesh is Sunday, May 17

Kinders hul.....	10:30 A.M.
Teen Minyan.....	10:30 A.M.
Mincha.....	7:30 P.M.
Shiur/Third Meal.....	8:00 P.M.
Maariv.....	9:00 P.M.
Shabbat ends.....	9:10 P.M.

#### Thursday, May 21 – Erev Shavuot – Tikkun Leil Shavuot (see page 3)

Mincha.....	6:15 P.M.
Candle Lighting.....	7:54 P.M.
Maariv.....	9:00 P.M.

#### Friday, May 22 – Shavuot First Day..... 9:00 A.M.

Torah Reading: Exodus 19:1-20:23, Numbers 28:26-31

Haftarah: Ezekiel 1:1-28, 3:12

Mincha/Kabbalat Shabbat/Maariv.....	7:30 P.M.
Candle Lighting (from pre-existing flame).....	after 7:55 P.M.

*schedule continues on page 3*

Manes Kogan .....*Rabbi*  
 Rachel Black ..... *Cantor*

Helene Jacob ..... *President*  
 Karen Rothman ..... *Sisterhood President*  
 Martin Guttman ..... *Men's Club President*  
 Esther Tokarz ..... *Youth/Family President*  
 Nadine Kochavi ..... *Executive Director*  
 Joan Hausmann ..... *Managing Editor*  
 Contact HJC Office.... *Bulletin Advertising*

Dr. Israel Mowshowitz 7<sup>7</sup>11 *Rabbi Emeritus*  
 Moti Fuchs 7<sup>7</sup>11 ..... *Cantor Emeritus*

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 Flushing, NY 11366-1623  
 Affiliated with

**United Synagogue of Conservative Judaism**

**Hillcrest on the Web**

[www.HillcrestJC.org](http://www.HillcrestJC.org)

Phone (718) 380-4145 Fax (718) 380-4665

E-mail: [info@hillcrestjc.org](mailto:info@hillcrestjc.org)

## CENTER FAMILY

### Congratulations to:

Renita Horowitz on the birth of her great grandson Jordan Chase Cohen.

Shirley Goldfeder on the birth of her great grandson Jordan Chase Cohen.

Judy & Randy Stein on the birth of their 5th grandchild, Alexander Paul Benzaquen.

Andria Grundman Cooper & Scott Cooper on the birth of their grandson Jacob Samuel Blinder.

### Condolences to:

Roberta Sufrin on the passing of her husband Leslie Sufrin.

Michelle Sufrin on the passing of her father Leslie Sufrin.

May the family be comforted among the mourners of Zion and Jerusalem.

### March Milestone Anniversary:

Hariette Wittenberg Saturn & Simeon Saturn (40)

### Welcome New Members

Meryl Hoffman and daughter Danielle Hoffman

Sara Pecker

## The Adult Education Committee

*presents*

## KOREA, THE HOLOCAUST AND DOWNTOWN FLUSHING

*with*

**DR. ARTHUR FLUG**

**Sunday, May 3**

Light breakfast at 10:00 AM

Presentation at 10:30 AM

*RSVP is required*

*Free for HJC members*

*\$5 charge for non-members*

## From Rabbi Kogan

Dear Friends of Hillcrest Jewish Center,

Twenty years ago, when I became the rabbi of Hillcrest Jewish Center, I was told that among my rabbinical responsibilities was leading a Community Passover Seder together with Cantor Fuchs, of blessed memory.

I confess I didn't like the idea. Growing up, the Passover seder was at the center of my Jewish experience, always linked to fond family memories. For me, a seder was synonymous with family – just family. Hence, the idea of sharing a seder with strangers was, pun intended, strange to me.

However, being new in my position, I didn't have a choice, and I "dragged" my family to our first community seder, which traditionally took place on the second night.

The Community Passover Seder was indeed a community seder – open to the public, with few or no Hillcrest Jewish Center members in attendance. I was told that it was a seder for those who "didn't have a place to go," as everyone in the leadership of the shul, and the families with children our kids age, had a place to go – usually their own home.

With the passing of the years, three interesting things happened.

First, Silvia and I started enjoying and appreciating the Community Passover Seder. Since I was leading it and needed to be there with my family anyway, I tried to make it more engaging and fun. Cantor Fuchs and I worked together to make the seder the way "we" liked it, and our enthusiasm slowly rubbed off on the participants.

Second, I realized that many of the participants didn't have anywhere to go for their first seder either, so I encouraged the leadership to move the Community Passover Seder to the first night.

Third, an increasing number of Hillcrest Jewish Center members, including families with children our children's age, have started attending. The seder remains a community event open to the wider public, but we are seeing more and more familiar faces. This includes members of the Hillcrest Jewish leadership and friends who either didn't have a place to go or, even more interestingly, decided to bring their entire family to the Hillcrest Jewish Center Community Passover Seder.

This past Pesach, my 20th at Hillcrest Jewish Center, was the first one we spent with Ilan and Abby's spouses. We explained to them that while we planned an intimate seder for the second night, we had 86 guests for the first. The guest list included a couple of their friends, a few regular minyanaires, past presidents of the shul, young families, and several members of the larger community – including members of neighboring shuls – for whom we are the only family they have, and who look forward to this seder every year.

So, how was the seder?

It was wonderful, but if you don't believe me, just ask those who attended! The food, the organization, and the camaraderie were excellent. Everything worked out perfectly thanks to our chairperson, Hariette Wittenberg Saturn; Nadine Kochavi, our executive director; the Hillcrest Jewish Center staff (Juana, Brona, and Melissa); and the custodians (including Manny, Orlando, and Wilson) who helped us on the seder night. Cantor Rachel and I led the seder in a very relaxed atmosphere, and we all had a great time.

And if you missed it, don't worry. You can join us next year – in Jerusalem, or right here at Hillcrest Jewish Center.

With blessings, *Rabbi Manes Kogan*

## COMMUNITY SEDER

Why was this night different from all other nights? On this night we gathered at our beloved Hillcrest Jewish Center for the first seder night of Passover. The evening was well attended and the atmosphere was warm and inviting.

Our esteemed Rabbi Kogan related the history of the Jews during that time in a very informative, meaningful and entertaining manner. There was total participation by young and not so young. We prayed, we read, we sang and we danced with Cantor Rachel's beautiful voice enhancing our service.

The festival meal was pure manna from heaven, including the fine wines. Thank you Hariette for such delicious choices. We concluded with more singing, socializing and fun.

It was a fantastic evening, and we all felt the spirit of the holiday. Next year in Jerusalem OR next year at Hillcrest Jewish Center.

We extend sincere appreciation.

*Lillian, Joe, Susan and Steven Krochak*

**FROM THE  
EXECUTIVE DIRECTOR  
What's Springing Up  
at Hillcrest?**

Spring is finally here – and not a moment too soon. After a long, cold winter, it feels especially meaningful to welcome a season of renewal, warmth, and possibility. Even during the colder months, our community found ways to gather, connect, and support one another. Those moments remind us of the strength and spirit that define Hillcrest – and there is so much more ahead.

As we embrace this new season, we also hold in our hearts prayers for continued safety and security for Americans, for Israel, and for all those facing uncertainty and hardship around the world. May the months ahead bring peace, healing, and hope.

Spring at Hillcrest also marks the beginning of our new membership year. While many synagogues follow a July or January cycle, our spring renewal offers something special: a wonderful opportunity for those who have been exploring our community – whether recently or over time – to officially become part of it.

This is also a time to celebrate our members. We are deeply grateful to our long-standing members whose commitment, generosity, and presence continue to shape and sustain our congregation. Your dedication is the foundation upon which Hillcrest thrives.

At the same time, we are excited to welcome new members who bring fresh energy, ideas, and perspectives. Each new individual or family who joins strengthens our community and ensures a vibrant future.

We invite every member of our congregation to be an ambassador for Hillcrest. If you have found meaning, connection, and joy here, please share that gift with others. A personal invitation, to a service, program, or event, can make all the difference. There is no greater testament to our community than the voices of those who are part of it.

Together, let us continue to grow, welcome, and build a community rooted in warmth, belonging, and shared purpose.

Wishing you and your loved ones a joyful and relaxing spring.

*Nadine Kochavi,*  
Executive Director

**SHABBAT AND HOLIDAY SERVICES**

**Saturday, May 23 – Shavuot Second Day** ..... 9:00 A.M.  
Torah Reading: Deuteronomy 14:22-16:17, Numbers 28:26-31  
Haftarah: Habakkuk 3:1-19

Yizkor Memorial Service..... approximately 11:15 A.M.  
Mincha..... 7:30 P.M.  
Shiur/Third Meal ..... 8:00 P.M.  
Maariv..... 8:45 P.M.  
Shabbat ends ..... 9:02 P.M.

**Monday, May 26 – Memorial Day**  
*Building closed except for Services* ..... 8:30 A.M. and 7:00 P.M.

**Friday, May 29 – Tea and Schmooze**  
Mincha/Kabbalat Shabbat/Maariv ..... 7:30 P.M.  
Candle Lighting..... 8:01 P.M.

**Saturday, May 30 – Naso** ..... 9:00 A.M.  
Torah Reading: Numbers 4:21-7:89 Haftarah: Judges 13:2-25

Mincha..... 7:45 P.M.  
Shiur/Third Meal ..... 8:15 P.M.  
Maariv..... 9:00 P.M.  
Shabbat ends ..... 9:09 P.M.

**Sunday, May 31 – Israel Day on Fifth Parade**

**TIKKUN LEIL SHAVUOT**

**Check the Shabbat Shalom or Daily Digest for the Program**

**Shavuot Dinner sponsored by Susan Asch, Ellen Rothstein and Mark Rothstein  
in memory of their parents Sally and Edward Rothstein**

*Thursday, May 21*

Mincha (Erev Shavuot)..... 6:15 P.M.  
Musical Program with Cantor Rachel Black (with instruments) ..... 6:30 P.M.  
Dairy Supper (Sponsored) **(Previous RSVP required)** ..... 7:15 P.M.  
Candle lighting available at HJC..... 7:54 P.M.  
Tikkun Leil Shavuot Program ..... 8:15 P.M.  
Maariv (1st day Shavuot)..... 9:00 P.M.  
Coffee, cake and mingling ..... 9:15 P.M.

*Friday, May 22*

Services (kiddush & cheesecake) ..... 9:00 A.M.-12:00 P.M.  
Mincha, Kabbalat Shabbat and Maariv..... 7:30 P.M.  
Shabbat and Shavuot candle lighting from pre-existing flame..... before 7:55 P.M.

*Saturday, May 23*

Services (kiddush & cheesecake) ..... 9:00 A.M.-12:00 P.M.  
Yizkor ..... approximately 11:15 A.M.  
Mincha..... 7:30 P.M.  
Shiur and Third Meal..... 8:00 P.M.  
Maariv ..... 8:45 P.M.  
Shabbat and Shavuot end..... 9:02 P.M.

**REPORT FROM THE BOARD OF TRUSTEES**

*Shalom everyone. Here are some highlights from our March meeting:*

**Executive Committee Report:**

Purim - The events went very well. The magician was well-liked and a thank you was sent for his performance, which was gratis.

Shabbat Across America - There were 90 people present and the food was good.

Passover Seder update - To date, 31 people have registered.

**Treasurer's Report:**

The updated Fee Schedule for 2026 - 2027 was approved.

*continued on page 4*

**PRESIDENT** *continued from page 1*

As 2026 continues, there will be a lot more going on here. The upcoming months are rich with opportunities for prayer and learning, for commemorations and celebrations and for meaningful engagement. We want to assure that each person walking through our doors – whether you joined us this year or decades ago – discovers not just a seat in the sanctuary, but a place at our many tables of Jewish life here in our synagogue. You will find information about all of these and more within the pages of the bulletin, the online daily digest and the website. And, by the way, if you have an idea, bring it forward.

Here are updates on some of our top priorities:

**Security:** We will continue to review building security policies due to the uptick in antisemitic incidents around the country and the world. The additional security assessment supports only a portion of what we spend to provide a safe environment in these tumultuous times. We work closely with Seth Goodstein, Senior Regional Security Director of the Community Security Initiative (CSI), a comprehensive program created by UJA and JCRC-NY to protect and enhance the security of synagogues, schools, Jewish camps and JCCs. We have applied for a CSI short-term grant to cover four weeks of additional security presence in our building. We have received a New York State Security grant of \$200,000 to upgrade the technological component of our security systems.

**Organizational Planning:** We began the Board leadership vision work at a fall retreat and refined the work through the winter months. The trustees developed an action statement and goals for the future of HJC. This work led to a revised Board of Trustees handbook edited by Board chair Mark Solkoff, which will be shared at this month's trustees' meeting. Additionally, we will continue to review our committees and invite new volunteers to join.

**Improving Our Finances:** In order to sustain our financial future as a smaller congregation, we are endeavoring to make the best deal possible to remain in our building and to infuse capital to meet our operating expenses and reduce our deficits. Our budget and endowment committees closely monitor our finances.

**Membership:** I spoke last year about each of us being a Hillcrest ambassador with the goal of increasing our membership. Going forward, I'd like to formalize an ambassador team to welcome potential new members and help build relationships in our community. Let's make sure that we are a welcoming shul where everyone knows each other's names and where everyone matters. I will work with the Board and our auxiliary groups to coordinate this effort. Please approach me to find out more about joining this team.

I invite you to become a part of the next step in our journey. In Pirkei Avot, Chapter 2 verse 16, we read:

הוא הנה אומר, לא עליך המלאכה לגמר, ולא אתה בן חורין לבטל ממנה:  
 “[Rabbi Tarfon] used to say: It is not your duty to finish the work, but neither are you at liberty to neglect it...”

The vision for our community begins with individuals deciding not to excuse themselves from the work. This, of course, requires people with all talents to make our community vibrant. It can be as simple as showing up for a class or at a daily minyan – which is very much needed. It can be performing a mitzvah with greater frequency or depth. It can be giving time to a committee. It can be reaching out to our homebound members. It can be leading a new small group. The opportunities are there and can be found with a little persistence and effort. By doing the needed work, we are continuing the legacy of Hillcrest Jewish Center.

Our community is here for you. In our spiritual home, there are many ways to nourish your mind, heart and soul. There is so much more that we can do together.

B'Shalom, *Helene Jacob*

**BOARD OF TRUSTEES** *continued from page 3***Executive Director's Report:**

The lights in the parking lot were repaired.

**Security Protocol** - This Thursday there will be sessions at 12:00 noon and at 6:00 pm conducted by our security team. There needs to be more vigilance with letting people inside. Nadine will review this with security people. There was a question asking about issuing membership cards which will be evaluated. Nadine also mentioned the possibility of using a new grant to pay for a second security guard until Passover.

**Sidewalk Repairs** - We received an estimate of \$32,000 for repairs. Contractors need special permits to perform sidewalk repairs. We need to get bids from a few more qualified contractors. We will contact the city to repair the area around the hydrant and to get a new tree planted where the removed tree was.

**Security Grant** - The Department of Homeland Security gave us a \$200,000 grant for security upgrades. We have to spend the money by September and they will reimburse us. Our committee has identified upgrades to the Wi-Fi, additional cameras, another computer, two iPads and a TV screen at the Roberts door. The intercom system will also be updated. For the remainder of the grant, we are looking at glass protection and door improvement.

**Raccoon Control** - A special pest control company was hired and they caught one raccoon. They are still monitoring the situation.

**Sisterhood Report:** The Mishloach Manot program was very successful.

**Men's Club Report:** Men's Club will have the Lag B'Omer bonfire event on May 4th. The Men's Club Shabbat will be on June 13th, and the Fishing Trip on June 28th.

**Youth and Family:** Many activities are planned including Glow Golf on March 22nd.

**Old Business:**

**P.A.C.T. Goals** - In January we worked on membership goals. One of these goals included working in tandem with the clergy. We will discuss this at our April meeting.

**Cantor's Installation Update** - The committee meets on a regular basis. The event is on April 26th. Currently they are planning the musical program and looking for newspaper coverage.

**New Business:**

**Draft of Board of Trustees Handbook** - Mark Solkoff compiled and edited an updated handbook for the board. It will be a living document that changes as the needs of the board change.

Mark will be leading a Pre-Passover mindful meditation on Wednesday, March 25 after minyan. Please RSVP.

**Good and Welfare:**

Mark Solkoff thanks us for supporting and honoring him as Board of Trustees Chairman. He is now moving on as one of HJC's Vice Presidents.

Mazal tov to Daniela Kogan on receiving the JCRC Women's Heritage Month Award.

Thanks to all outgoing board members who have diligently served HJC.

Mazal Tov Rabbi on your appointment as the Jewish Chaplain for the NYPD.

Thank you to Monte Schwartz for being our substitute minutes taker.

Chazak, chazak, v'nitchazek,

*Mark Solkoff, Board Chair*

## TEA AND SCHMOOZE

The **Tea and Schmooze program of 2026** is off to an amazing start on **May 29** with 3 additional summer dates to follow: **June 19, July 17 & Aug. 21**. So mark your calendars! All dates begin with Friday night services starting at 7:30 PM with the T&S program afterwards.

May 29th's speaker is HJC member **Steven Rosenhaus** who is a true multi-hyphenate composer, arranger, conductor, lyricist, author, dramaturge, educator, singer-songwriter, and actor. His music has been called "clever, deftly constructed and likable" by The New York Times. His compositions and arrangements have been performed by the New York Philharmonic, the Kansas City Symphony, the US Navy Band and educational ensembles throughout the United States, Canada, and the E.U. Dr. Rosenhaus holds a Ph.D. from New York University where he taught composition for over 30 years; he now does master classes, clinics, and workshops for musicians. He has over 250 compositions and arrangements published. As a dramaturge for musicals he has consulted on some 30% of shows presented on Broadway and off-Broadway over the past 25 years. Dr. Rosenhaus is an author and an actor in independent films.

Please come listen to the fascinating life story of our very own HJC member on **Friday, May 29th, following directly after Kabbalat Shabbat services beginning at 7:30 PM.**

If you would like to sponsor any of the 2026 Tea & Schmooze dates, please contact the Hillcrest Jewish Center office (718) 380-4145.

*Debbie Solkoff,  
T&S Chairperson*

## MUSICAL COFFEE HOUSE

On Sunday May 17, 2026, Hillcrest participants will entertain you with their love of singing and playing.

This event is being organized and run by congregant Ronald Moskowitz, with the HJC Men's Club kindly providing snacks.

Our performers are:

Ronald Moskowitz  
Beth Ritter  
Janet Hammelbacher  
Harold Moskowitz  
Adrienne Star  
Steven Rosenhaus  
Samuel Bahn  
Rami Carmeli  
Joel Berkowitz

Come and see your fellow congregants sing and play for your listening pleasure. The event begins at 3:00 PM sharp in the Moreida.

A suggested contribution is \$5.00.

Please notify the HJC office at (718) 380-4145 if you plan to attend.

For questions, please call Ronald Moskowitz at (917) 217-3682.

## SISTERHOOD

Back by popular demand is our **Arts and Crafts Afternoon**. This year the program will be held on **Sunday, May 17th at 12:30 PM** in the Ballroom. We are presenting "**Rhinestone Art**" with Lauren Ackerman.

Lauren Ackerman is a longtime Hillcrest Jewish Center member and Executive Director of a Long Island temple. She owns *Represent by Lauren* and teaches rhinestone and creative art workshops.

Join us for a creative afternoon as we design a beautiful, themed canvas using sparkling rhinestones. Choose one of two different designs and create a meaningful piece to display in your home.

**Registration is a must. No Walk-ins can be accommodated.** The cost of this creative afternoon is \$25 per person. All checks are to be made payable to Sisterhood Hillcrest Jewish Center. You must RSVP no later than May 13th. See the form in HJC's Daily Digest or Shabbat Shalom. Remember to indicate your choice of design on the tear-off. The fee includes all materials, including the canvas.

*Karen Rothman,  
Sisterhood President*

## MEN'S CLUB

COME FISHING WITH  
THE MEN'S CLUB

GIVE YOUR FAMILY  
AND FRIENDS  
AN EXCITING DAY!



ABOARD  
THE BAY PRINCESS

SUNDAY, JUNE 28, 2026

8 a.m. TO 1:00 p.m.

CAPTREE STATE PARK

SEE THE FLYER  
QUESTIONS??

CALL STEVE ZELLMAN -917- 916-7032

*continued on page 6*

## TEEN KESHER GROUP



**MEN'S CLUB** *cont. from page 5*

The Jewish holiday of Lag B'Omer begins on Monday evening, May 4th. It is customary to light bonfires. Here at Hillcrest Jewish Center, that can only mean s'mores, along with pizza and liquid refreshments, graciously provided by Men's Club in the synagogue parking lot. This event immediately follows Mincha and Maariv services at 7:00 PM. **RSVPing ASAP via email or phone tremendously helps with the preparations for this gathering. This is most important.**

On Shabbat morning, June 13th starting at 9:00 AM, please gather in the Main Sanctuary for our traditional **Men's Club Shabbat**, when members take an active role in the service.

Our annual Men's Club fishing trip leaves Captree State Park at 8:00 AM sharp on Sunday morning, June 28th. Bring your family, relatives and friends.

On this, and all other Men's Club activities, please watch for emails, text messages, phone calls and verbal announcements during Shabbat services.

For questions, comments and suggestions on these and other Men's Club activities, contact Marty Guttman [mpguttman@gmail.com](mailto:mpguttman@gmail.com).

*Joel Berkowitz, Men's Club Co-VP*  
[joelberkowitz50@gmail.com](mailto:joelberkowitz50@gmail.com)

**PRE-SHAVUOT MEDITATION****Wednesday, May 20****following 7:00 pm Minyan****led by Mark Solkoff**

Get ready for the holiday with a mindful meditation that will prepare you for Shavuot. The Torah tells us of the preparation the Children of Israel had to go through before we were to receive the Torah on Mount Sinai. There were feelings of awe, fear, and anxiety in the days leading up to the revelation. Many of us deal with fear and anxiety today with few methods of turning these feelings into awe. Through the kabbalistic concept of Gevura (rigor and discipline), this twenty-minute meditation can give you the tools to bring a positive spin on what makes us anxious. No previous experience is necessary. Just bring a positive attitude and a willingness to pause and take a breath.

Registration is mandatory before Monday, May 18. For more information contact the HJC office.

**The following appeared in the  
Hillcrest Jewish Center Bulletin  
dated September 21, 1949**

**(page 1 with photo)****RABBI ISRAEL MOWSHOWITZ**

Rabbi Israel Mowshowitz, the new spiritual leader of the Hillcrest Jewish Center, assumed his duties in our midst on September 1st. He officiated at his first Sabbath services in Hillcrest on September 10th, and delivered the Sermon of Dedication the following afternoon at the Ground-Breaking ceremonies.

Rabbi Mowshowitz comes to us with a background of varied interests and activities in his former community.

Rabbi Mowshowitz is a graduate of the Rabbi Isaac Elchanan Theological Seminary. He received his Bachelor of Arts degree from Yeshiva College. He later received the degrees of Master of Arts and Doctor of Philosophy from Duke University.

His first pulpit was in Durham, North Carolina. His next pulpit, from which he came to Hillcrest, was in Omaha, Nebraska. While in Omaha, he also taught Psychology at the University of Omaha. He was President of the Omaha Urban League, a member of the Omaha Mayor's Committee on Human Relations, and Chairman of the Religious Emphasis Committee of the Omaha Community Chest. He was a member of the Lecture Bureau of the Jewish Chatauqua Society, and a member of the Jewish Center Lecture Bureau of the Jewish Welfare Board.

Rabbi Mowshowitz was one of the leading Zionists of the Midwest and was a delegate to the last World Zionist Congress in Basle, Switzerland.

**(portion of page 2)****THE RABBI'S COLUMN**

This is my first opportunity to communicate with our membership family through the medium of our excellent bulletin. I welcome and am grateful to the regular use of this space as a means of sharing with you some of my thoughts, hopes and plans for the Center.

Even though I came to Hillcrest only a short time ago, I was already privileged to participate in one of its historic moments. I refer, of course, to the Ground-Breaking services held on Sunday, September 11. It was truly a day for which the Hillcrest Jewish Center had hoped, and all of us rejoiced and were glad in it. The dignity and inspiration of the program was coupled with the immense sea of enthusiastic faces.

**RSVP Required**

When you see those words on a flyer, in the text of a Bulletin article, or in the

**Daily Digest or Shabbat Shalom...****it is there for a reason!****Tables must be set up****and/or food will be served,****and it is necessary to know how many people will be attending.****SYNAGOGUE OFFERINGS**

*As a member-in-good-standing, you may phone the office with your donation and the amount will appear on your next HJC bill.*

**Reminder**

There is a \$25 minimum donation required for the listing to be printed in the Bulletin (one name per yearzeit listing).

**General Fund:**

Yoel Hernandez & Monica de Castro.

The Sufrin family thanks all the caring, generous, kind congregants who reached out to them.

Roberta Sufrin – May Les's memory be for a blessing.

Dorothy & Larry Schonfeld wish Mazal Tov to Rabbi & Silvia Kogan and to Ilan and Sara on their wedding.

Dorothy & Larry Schonfeld congratulate Iris Schachter and Esther Tokarz on being honored by Israel Bonds.

Susan & Ralph Straus in honor of Cheryl & Richie Meyer and Kathy & Gerry Lewis with thanks for their friendship and support.

Mimi & Ed Collier congratulate Iris Schachter and Esther Tokarz on their well-deserved honor.

Iris Schachter in honor of the new great-grandson of Renita Horowitz and Shirley Goldfeder.

Gwen Jones-Cintron in honor of Cantor Rachel.

Cantor Natasha Hirschhorn in honor of Cantor Rachel Black, her former star student and now a beloved colleague.

Gwen Jones-Cintron in honor of Ilan and Sara.

Gwen Jones-Cintron in honor of Rabbi Kogan becoming an NYPD Chaplain.

Erica & Scott Resnik offer sincere condolences to Paul Gershon on the loss of his sister Judith Kaufer.

Monte Schwartz for yearzeit of wife Judith Schwartz.

Gary Darche for yearzeit of father Irving Darche. *continued on page 7*

**General Fund** *continued from page 6*

Edgar Schwartz for yearzeit of brother Howard Schwartz.

Edgar Schwartz for yearzeit of mother Yetta Schwartz.

Silvia Surazski Kogan for yearzeit of grandfather Marcos Kova.

Paula Schoen for yearzeit of aunt Toni Powers.

Paula Schoen for yearzeit of grandfather Samuel Pollack.

Paula Schoen for yearzeit of grandfather Isidor Schoen.

Cheryl Meyer in memory of father Milton Wolff.

Laurie Spear in memory of beloved grandmother, Helen Spielman, a woman of quiet dignity and love.

Laurie Spear in memory of grandfather Jack Wasserman, a proud founder of Hillcrest Jewish Center.

Richard Kass for yearzeit of father Seymour Kass.

Elaine Soffer for yearzeit of father Herbert Soffer.

Rabbi Manes Kogan for yearzeit of grandmother Chanah Josid de Akselrad.

Steven Zellman for yearzeit of sister Francine Leib.

Steven Zellman for yearzeit of mother Rose Zellman.

Hariette Wittenberg Saturn for yearzeit of mother Molly Reff.

Maxine Fishman for yearzeit of parents Vivian & Isadore Siegel.

Merle Askenas-Kaplan for yearzeit of mother Theresa Weiss.

David Cohen for yearzeit of mother Florence Cohen.

Susan Hamburger for yearzeit of her beloved father Leo Goldman.

Susan Hamburger for yearzeit of her beloved brother Kenneth Joel Goldman.

Monica Siegel for yearzeit of grandmother Celia Siegel.

Mimi & Ed Collier in memory of Len Weinstock, a long-time friend.

Ari Goldberg for yearzeit of mother Emily Goldberg.

David Fiebert in memory of father Ira Fiebert.

Joseph Cohen for yearzeit of father George D. Cohen.

Steven Rosenhaus for yearzeit of mother Anne Rosenhaus.

Susan & Paul Diamond in memory of Leslie Sufrin, loving husband, father and grandfather.

Bertha Strauss sends condolences to Roberta Sufrin on the passing of her husband Les Sufrin.

Phyllis Gruber for yearzeit of father Samuel Marvald.

Carl Gruber for yearzeit of father Stanley Gruber.

Felice Lorber for yearzeit of father Leo Spritzer.

Sheldon Lorber for yearzeit of mother Phyllis Lorber.

Marlene Bufferd for yearzeit of father Chester Bufferd.

Bernard Spear for yearzeit of father Sol Simon Spear.

Harriet Kaplan for yearzeit of grandfather Israel Dworesky.

Linda Morris for yearzeit of mother Margaret Bohm.

Nora Kozuch for yearzeit of father Jacob Kushner.

Raina & Jamey Kohn in memory of Leslie Sufrin.

Beth Ritter in memory of Les Sufrin who always encouraged her while she tried to learn a new service.

Michael Rapaport in memory of Leslie Sufrin.

Joan Hausmann in memory of Leslie Sufrin.

Herdis & Ole Nielson in memory of Leslie Sufrin.

Ellen Rothstein and Mark Rothstein for yearzeit of beloved mother Sally S. Rothstein.

Susan, Don and Jared Asch for yearzeit of beloved mother, mother-in-law and grandmother Sally S. Rothstein.

Janet Kramer for yearzeit of father Gilbert Taishoff.

Iris Schachter in memory of Leslie Sufrin, a true gentleman.

Betty Kaplan for yearzeit of beloved sister Ruth Greenberg.

Sharon & Alan Richter in memory of Leslie Sufrin.

Frederic Greene for yearzeit of aunt Ida Thrope.

Frederic Greene for yearzeit of grandfather Aaron Greene.

Frederic Greene for yearzeit of cousin Mildred Halpern.

Reese Ackerman for yearzeit of mother Dora Barron.

Reese Ackerman for yearzeit of grandfather Jacob Benjamin Katz.

Nancy Rifkin in loving memory of mother Evelyn Feinroth, upon her yearzeit.

RoseAnn Darche for yearzeit of father Robert E. Schneider.

Oshria Levin for yearzeit of husband Howard David Levin.

Howard Brodsky and Cheryl Brodsky extend deepest condolences to the Sufrin family on the passing of our great friend Leslie Sufrin.

Dan Tyroler for yearzeit of father Paul Tyroler.

The Schweitzer family in memory of Les Sufrin who will be remembered for his decency, warmth and kindness.

Heather Phillips in memory of Leslie Sufrin.

Gail Keren in memory of beloved paternal grandfather Irving Friedman.

Gail Keren in memory of beloved paternal grandmother Molly Friedman.

Gail Keren in memory of beloved father Sidney Friedman.

Gail & Zvi Keren send condolences to the Sufrin family on the loss of Les, a pillar of the community.

**Rabbi's Discretionary Fund:**

Shari Zuber in honor of the marriage of Ilan & Sara Merkin.

Shari Zuber wishes Mazal Tov on Rabbi Kogan's Police Dept. appointment.

Susan & Ralph Straus in honor of Cheryl & Richie Meyer for their kindness.

Roberta Sufrin in loving memory of husband Leslie Sufrin.

Norma Frank for yearzeit of husband Philip J. Frank.

Judy Samuels in memory of parents Sam & Sarah Samuels.

Janet Kenler Seligman for yearzeit of grandmother Anna Goldberg.

**Mowshowitz Library Fund:**

Roberta Sufrin in memory of Leslie Sufrin, a loving husband, devoted father and grandfather, who will be missed forever.

Leslie Sufrin z"l for yearzeit of mother Helen Sufrin.

Sela & Steve Zellman send condolences to Roberta Sufrin and family upon the passing of Leslie Sufrin.

**Prayer Book Fund:**

Leslie Sufrin z"l for yearzeit of mother Helen Sufrin.

Roberta Sufrin in loving memory of Leslie Sufrin who devoted his life to others and will be missed forever.

Rabbi Manes & Silvia Kogan in memory of Leslie Sufrin.

Mimi & Ed Collier in loving memory of Les Sufrin.

Vivian Herman in memory of Leslie Sufrin.

Ellen Rothstein in memory of Lifetime member Leslie Sufrin.

**Askenas Audio Visual Fund:**

Merle Askenas-Kaplan for yearzeit of mother Theresa Weiss.

**Sam & Stella Skura Holocaust Fund:**

Shari Zuber wishes Mazal Tov to Esther Tokarz and Iris Schachter on being honored for Israel Bonds.